## Adult Lessons

858-454-4434 www.ljtc.org

MEN'S

WORKOUT Monday - Friday

8:30 - 10:00 am

WOMEN'S 3.5/4.0

Monday - Friday

10:00 am - 11:30 pm

ADVANCED WORKOUT

Monday, Tuesday, & Thursday

6:00 - 7:30 pm

INTERMEDIATE WORKOUT

Wednesday

6:00 - 7:30 pm

ADVANCED WORKOUT

Friday

5:00 - 6:30 pm

## \$22 for members\* \$24/non~members\*

Private Lesson With Pro: \$70/Hour \$40/Half Hour 2 Students: \$35/Hour, \$20/Half Hour each

3 Students: \$25/Hour each 4 Students: \$20/Hour each

Add \$5 per person for non-member Private Lessons